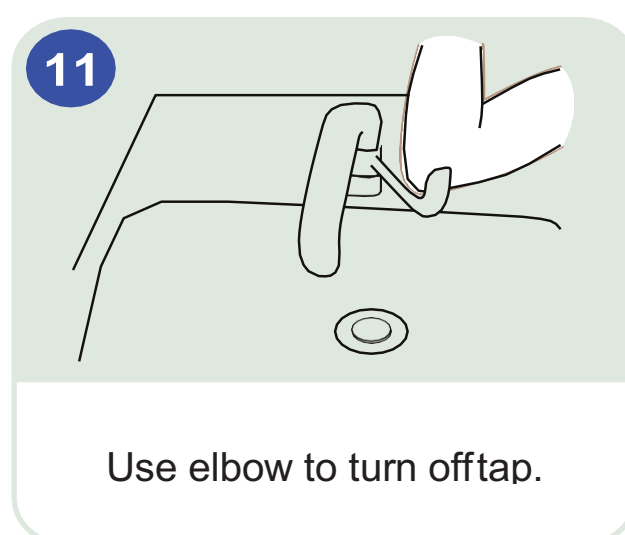
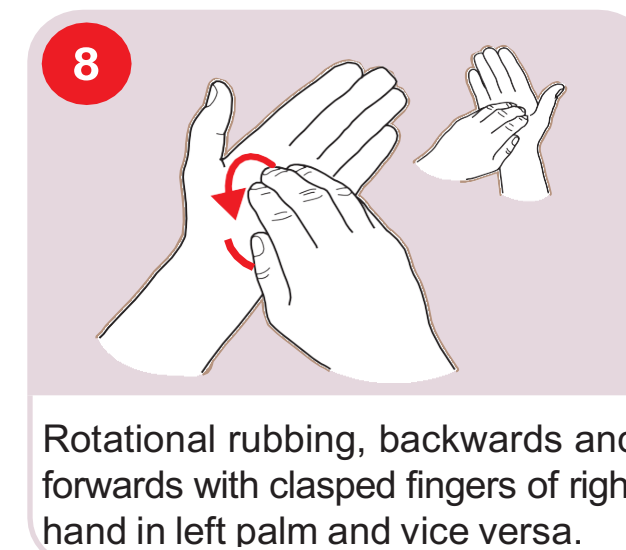
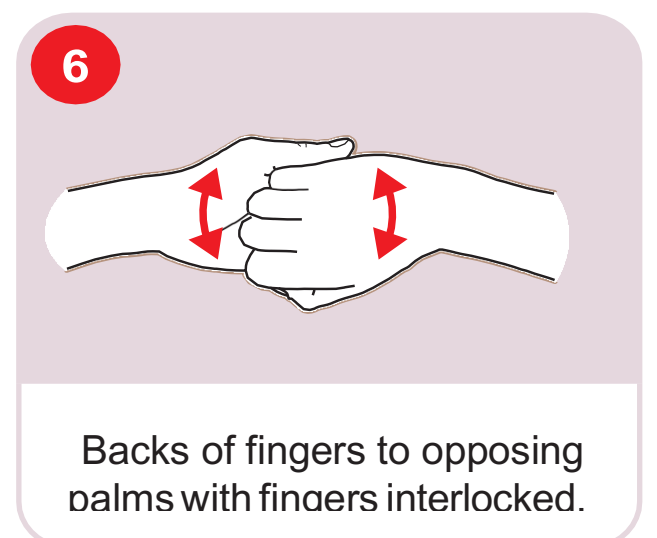
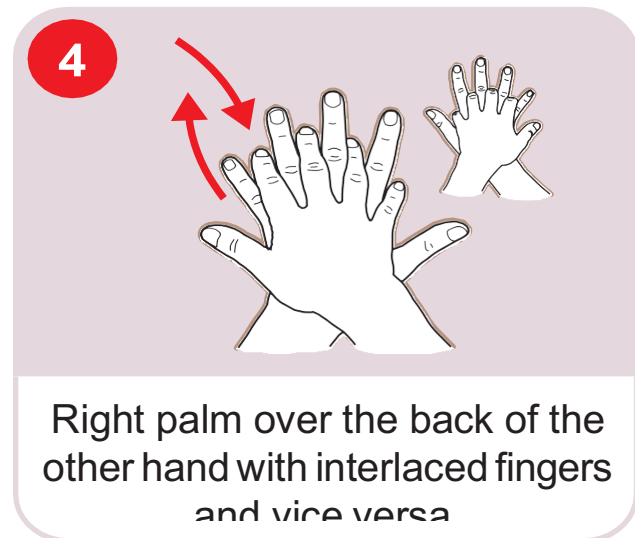


## Supporting Document 5. COVID-19: Information and Guidance

Best Practice: How to hand wash step by step images & link to video demonstration:

<https://youtu.be/N9hCY-MldMA>

Steps 3-8 should take at least 20 seconds.



\*Any skin complaints should be referred to local occupational health or GP.

Adapted from the World Health Organization/Health Protection Scotland.